



2013

My Wish List

Name:

Date:

Reflecting on last year . . .

1. Describe last year using as many adjectives as possible.
2. What do you remember most about last year? (key turning points for you)
3. List your key learning(s) from last year.
4. How can you use these insights in the future?
5. What would you like to do differently this year? (list at least top 3 in order of importance)
6. What is the one daily activity you could change that would make the single biggest impact?
7. What are you the most thankful for right now?

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Sandra Saenz – www.dreamteamcommunications.com



Dream Team Communications

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<i>Category</i>	<i>Desired Result</i>	<i>First Step + Date</i>
Health		

Relationship/Family

Career

Financial

Spiritual

Other

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